



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Scheel, Cedric

Club: Eisenacher Leichtathletik Verein

Number: 1893

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 57:27

Speed: 10.44 km/h

Running performance: 5:44 min/km

Rank in course/Total: 527 (of 618)

Rank in course/Men: 446 (of 500)

Best time in course: 31:03

Rank in category: 19(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	11:04	5:31	18	4:48	401	5:01	2.00	11:04	5:31	10			213	2:34
Runde	2.00	11:31	5:45	21	4:56	464	5:25	4.00	22:35	5:38	10			305	10:17
Runde	2.00	11:14	5:36	16	4:33	434	5:00	6.00	33:49	5:38	10			293	15:17
Runde	2.00	11:49	5:54	18	5:06	451	5:33	8.00	45:38	5:42	10			302	20:50
Leichtathletikhalle	2.00	11:49	5:54	20	5:12	461	5:38	10.00	57:27	5:44	19	24:35		447	30:59