



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Babeck, Thomas

Club: Erfurt

Number: 1467

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 57:06

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 517 (of 618)

Rank in course/Men: 441 (of 500)

Best time in course: 31:03

Rank in category: 154 (of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:04	6:01	164	5:26	477	6:01	2.00	12:04	6:01	86	3:34	239	3:34
Runde	2.00	11:24	5:42	157	4:33	455	5:18	4.00	23:28	5:51	113	9:10	332	11:10
Runde	2.00	11:16	5:38	153	4:08	436	5:02	6.00	34:44	5:47	111	13:04	329	16:12
Runde	2.00	11:16	5:38	149	4:16	418	5:00	8.00	46:00	5:45	111	17:01	329	21:12
Leichtathletikhalle	2.00	11:06	5:32	148	4:11	417	4:55	10.00	57:06	5:42	154	22:34	442	30:38