



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kilian, Annett

Club: LG Ohra Energie Gotha

Number: 257

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 18:25

Speed: 13.03 km/h

Running performance: 4:36 min/km

Rank in course/Total: 86 (of 389)

Rank in course/Women: 18 (of 140)

Best time in course: 14:03

Rank in category: 2 (of 20)

Best time in the category: 14:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	8:58	4:29	2	1:59	17	1:59	2.00	8:58	4:29	18			17
Leichtathletikhalle	2.00	9:27	4:43	3	2:03	20	2:23	4.00	18:25	4:36	2	4:02		18 4:22