



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Leistner, Andrea

Club: SPVGG Faulungen21

Number: 1485

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 54:08

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 453 (of 618)

Rank in course/Women: 56 (of 118)

Best time in course: 36:13

Rank in category: 18(of 40)

Best time in the category: 44:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 10:50 | 5:25 | 22 | 2:21 | 65 | 3:50 | 2.00 | 10:50 | 5:25 | 37 | 2:21 | 43 | 3:03 |
| Runde | 2.00 | 10:47 | 5:23 | 22 | 1:55 | 65 | 3:29 | 4.00 | 21:37 | 5:24 | 37 | 4:16 | 49 | 3:53 |
| Runde | 2.00 | 10:49 | 5:24 | 17 | 1:45 | 54 | 3:28 | 6.00 | 32:26 | 5:24 | 37 | 6:01 | 49 | 5:59 |
| Runde | 2.00 | 10:51 | 5:25 | 12 | 1:41 | 48 | 3:32 | 8.00 | 43:17 | 5:24 | 37 | 7:42 | 49 | 8:02 |
| Leichtathletikhalle | 2.00 | 10:51 | 5:25 | 19 | 1:41 | 57 | 3:36 | 10.00 | 54:08 | 5:24 | 18 | 9:23 | 56 | 17:55 |