



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Nüssler, Susann

Club: SV Empor Walschleben

Number: 1121

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 57:37

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 531 (of 618)

Rank in course/Women: 80 (of 118)

Best time in course: 36:13

Rank in category: 23(of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:20	5:40	26	3:56	81	4:20	2.00	11:20	5:40	26		44	3:33
Runde	2.00	11:23	5:41	26	3:47	84	4:05	4.00	22:43	5:40	29		50	4:59
Runde	2.00	11:42	5:50	26	3:54	85	4:21	6.00	34:25	5:44	29		50	7:58
Runde	2.00	11:49	5:54	24	3:52	81	4:30	8.00	46:14	5:46	29		50	10:59
Leichtathletikhalle	2.00	11:23	5:41	23	3:35	75	4:08	10.00	57:37	5:45	23	19:00	80	21:24