



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Boblenz, Jacqueline

Club: Isseroda

Number: 1010

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 58:25

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 545 (of 618)

Rank in course/Women: 85 (of 118)

Best time in course: 36:13

Rank in category: 26(of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:55	5:57	27	4:31	89	4:55	2.00	11:55	5:57	27		45	4:08
Runde	2.00	11:15	5:37	24	3:39	78	3:57	4.00	23:10	5:47	30		51	5:26
Runde	2.00	11:44	5:51	27	3:56	86	4:23	6.00	34:54	5:48	30		51	8:27
Runde	2.00	11:55	5:57	26	3:58	84	4:36	8.00	46:49	5:51	30		51	11:34
Leichtathletikhalle	2.00	11:36	5:47	25	3:48	83	4:21	10.00	58:25	5:50	26	19:48	85	22:12