



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Godehardt, Anika

Club: SV Wartburgstadt Triathlon

Number: 1060

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Frauen (20-29 Jahre)

Total time: 48:40

Speed: 12.33 km/h

Running performance: 4:52 min/km

Rank in course/Total: 269 (of 618)

Rank in course/Women: 21 (of 118)

Best time in course: 36:13

Rank in category: 7(of 18)

Best time in the category: 36:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:13	5:06	8	3:13	30	3:13	2.00	10:13	5:06	9	2:40	49	2:26
Runde	2.00	9:48	4:54	7	2:30	25	2:30	4.00	20:01	5:00	11		56	2:17
Runde	2.00	9:40	4:49	7	2:19	20	2:19	6.00	29:41	4:56	11		27	3:14
Runde	2.00	9:35	4:47	7	2:16	15	2:16	8.00	39:16	4:54	10		56	4:01
Leichtathletikhalle	2.00	9:24	4:42	7	2:09	17	2:09	10.00	48:40	4:51	7	12:27	21	12:27