



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schaller, Rinaldo

Club: ThSV Drei Türme Bad Langensalza
Number: 1466

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 56:24

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 503 (of 618)

Rank in course/Men: 432 (of 500)

Best time in course: 31:03

Rank in category: 81(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:51	5:55	84	4:51	461	5:48	2.00	11:51	5:55	32	3:27	115	3:21
Runde	2.00	10:59	5:29	80	3:41	429	4:53	4.00	22:50	5:42	6	2:09	344	10:32
Runde	2.00	11:10	5:34	79	3:49	425	4:56	6.00	34:00	5:40	6	3:02	341	15:28
Runde	2.00	11:24	5:42	81	4:03	427	5:08	8.00	45:24	5:40	6	4:03	341	20:36
Leichtathletikhalle	2.00	11:00	5:30	76	3:41	410	4:49	10.00	56:24	5:38	81	20:05	433	29:56