



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

### Sparbrod, Matina

Club: Erfurt

Number: 1681

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 59:10

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 558 (of 618)

Rank in course/Women: 90 (of 118)

Best time in course: 36:13

Rank in category: 34(of 40)

Best time in the category: 44:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:56	5:58	32	3:27	91	4:56	2.00	11:56	5:58	11	3:27	57	4:09
Runde	2.00	11:42	5:50	32	2:50	89	4:24	4.00	23:38	5:54	11	6:17	64	5:54
Runde	2.00	11:44	5:51	31	2:40	86	4:23	6.00	35:22	5:53	11	8:57	64	8:55
Runde	2.00	11:58	5:59	33	2:48	87	4:39	8.00	47:20	5:55	11	11:45	64	12:05
Leichtathletikhalle	2.00	11:50	5:55	36	2:40	93	4:35	10.00	59:10	5:54	34	14:25	90	22:57