



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hoffmann, Susanne

Club: GS Dualingo Jena

Number: 1729

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 50:48

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 331 (of 618)

Rank in course/Women: 30 (of 118)

Best time in course: 36:13

Rank in category: 4 (of 40)

Best time in the category: 44:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:44	4:51	5	1:15	23	2:44	2.00	9:44	4:51	9	1:15	69	1:57
Runde	2.00	10:07	5:03	7	1:15	36	2:49	4.00	19:51	4:57	9	2:30	27	2:07
Runde	2.00	10:10	5:04	5	1:06	34	2:49	6.00	30:01	5:00	9	3:36	76	3:34
Runde	2.00	10:23	5:11	7	1:13	37	3:04	8.00	40:24	5:02	9	4:49	76	5:09
Leichtathletikhalle	2.00	10:24	5:12	10	1:14	40	3:09	10.00	50:48	5:04	4	6:03	30	14:35