



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Böhm, Christine

Club: Erfurt
Number: 1037

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 52:18

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 399 (of 618)

Rank in course/Women: 43 (of 118)

Best time in course: 36:13

Rank in category: 16 (of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:21	5:10	11	2:57	33	3:21	2.00	10:21	5:10	3		73	2:34
Runde	2.00	10:20	5:10	16	2:44	46	3:02	4.00	20:41	5:10	3		80	2:57
Runde	2.00	10:27	5:13	15	2:39	41	3:06	6.00	31:08	5:11	3		80	4:41
Runde	2.00	10:44	5:21	16	2:47	45	3:25	8.00	41:52	5:14	3		80	6:37
Leichtathletikhalle	2.00	10:26	5:13	14	2:38	42	3:11	10.00	52:18	5:13	16	13:41	43	16:05