



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Klupsch, Steffen

Club: SKISPORTVEREIN ERFURT 02

Number: 1861

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 51:01

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 341 (of 618)

Rank in course/Men: 310 (of 500)

Best time in course: 31:03

Rank in category: 66(of 107)

Best time in the category: 34:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 10:15 | 5:07 | 61 | 3:30 | 305 | 4:12 | 2.00 | 10:15 | 5:07 | 60 | 1:47 | 293 | 1:45 |
| Runde | 2.00 | 9:58 | 4:59 | 67 | 3:03 | 310 | 3:52 | 4.00 | 20:13 | 5:03 | 80 | 3:04 | 389 | 7:55 |
| Runde | 2.00 | 10:15 | 5:07 | 71 | 3:10 | 323 | 4:01 | 6.00 | 30:28 | 5:04 | 80 | 4:36 | 239 | 11:56 |
| Runde | 2.00 | 10:26 | 5:13 | 71 | 3:19 | 331 | 4:10 | 8.00 | 40:54 | 5:06 | 80 | 6:15 | 386 | 16:06 |
| Leichtathletikhah | 2.00 | 10:07 | 5:03 | 72 | 3:19 | 317 | 3:56 | 10.00 | 51:01 | 5:06 | 66 | 16:20 | 311 | 24:33 |