



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Thiel, Dieter

Club: SV Olympia Neustadt
Number: 1064

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 57:31

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 528 (of 618)

Rank in course/Men: 449 (of 500)

Best time in course: 31:03

Rank in category: 156(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	2.00	12:31	6:15	169	5:53	491	6:28	2.00	12:31	6:15	110	4:01	296	4:01			
Runde	2.00	11:44	5:51	163	4:53	475	5:38	4.00	24:15	6:03	139	9:57	392	11:57			
Runde	2.00	11:18	5:39	155	4:10	438	5:04	6.00	35:33	5:55	137	13:53	389	17:01			
Runde	2.00	11:10	5:34	148	4:10	413	4:54	8.00	46:43	5:50	137	17:44	346	21:55			
Leichtathletikhalle	2.00	10:48	5:24	138	3:53	391	4:37	10.00	57:31	5:45	156	22:59	450	31:03			