



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Daetz, Claudia

Club: Waldems

Number: 1725

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 57:49

Speed: 10.38 km/h

Running performance: 5:47 min/km

Rank in course/Total: 536 (of 618)

Rank in course/Women: 84 (of 118)

Best time in course: 36:13

Rank in category: 25(of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:05	5:32	22	3:41	70	4:05	2.00	11:05	5:32	5		11	3:18
Runde	2.00	10:57	5:28	21	3:21	70	3:39	4.00	22:02	5:30	5		82	4:18
Runde	2.00	11:35	5:47	25	3:47	81	4:14	6.00	33:37	5:36	5		82	7:10
Runde	2.00	12:05	6:02	27	4:08	90	4:46	8.00	45:42	5:42	5		82	10:27
Leichtathletikhalle	2.00	12:07	6:03	28	4:19	97	4:52	10.00	57:49	5:46	25	19:12	84	21:36