



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bachmann, Erik

Club: Blau-Weiß Büßleben

Number: 1312

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 56:09

Speed: 10.69 km/h

Running performance: 5:37 min/km

Rank in course/Total: 500 (of 618)

Rank in course/Men: 430 (of 500)

Best time in course: 31:03

Rank in category: 76(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	10:50	5:25	68	4:47	384	4:47	2.00	10:50	5:25	33	1:02	298	2:20
Runde	2.00	11:10	5:34	77	4:56	441	5:04	4.00	22:00	5:30	36	3:27	395	9:42
Runde	2.00	11:22	5:41	77	5:08	444	5:08	6.00	33:22	5:33	36	4:32	392	14:50
Runde	2.00	11:26	5:43	75	5:10	431	5:10	8.00	44:48	5:35	36	6:04	315	20:00
Leichtathletikhalle	2.00	11:21	5:40	76	5:10	435	5:10	10.00	56:09	5:36	77	29:41	431	29:41