



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Pippus, Georg

Club: FC Gebesee

Number: 1157

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 51:32

Speed: 11.64 km/h

Running performance: 5:09 min/km

Rank in course/Total: 367 (of 618)

Rank in course/Men: 332 (of 500)

Best time in course: 31:03

Rank in category: 56(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:39	5:19	57	3:39	353	4:36	2.00	10:39	5:19	9	2:15	143	2:09
Runde	2.00	9:58	4:59	48	2:40	310	3:52	4.00	20:37	5:09	41		401	8:19
Runde	2.00	10:08	5:03	46	2:47	298	3:54	6.00	30:45	5:07	41		227	12:13
Runde	2.00	10:22	5:11	52	3:01	323	4:06	8.00	41:07	5:08	41		398	16:19
Leichtathletikhalle	2.00	10:25	5:12	59	3:06	353	4:14	10.00	51:32	5:09	56	15:13	333	25:04