



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Künzel, Sven-Erik

Club: Erfurt

Number: 13

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Senioren M40 (40-49 Jahre)

Total time: 17:32

Speed: 13.69 km/h

Running performance: 4:23 min/km

Rank in course/Total: 66 (of 389)

Rank in course/Men: 54 (of 249)

Best time in course: 11:54

Rank in category: 9(of 63)

Best time in the category: 14:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:52	4:26	12	1:51	62	2:53	2.00	8:52	4:26	46			55	2:52
Leichtathletikhäl	2.00	8:40	4:19	7	1:18	49	2:46	4.00	17:32	4:23	9	3:09		54	5:38