



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Meyer, Klaus-Gunter

Club: Fischbach

Number: 1432

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M60 (60-69 Jahre)

Total time: 1:02:16

Speed: 9.64 km/h

Running performance: 6:14 min/km

Rank in course/Total: 587 (of 618)

Rank in course/Men: 484 (of 500)

Best time in course: 31:03

Rank in category: 19(of 20)

Best time in the category: 41:59

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	km			Time	min/km
Runde	2.00	13:15	6:37	19	7:00	496	7:12	2.00	13:15	6:37	9	2:46	331	4:45
Runde	2.00	12:41	6:20	19	6:35	491	6:35	4.00	25:56	6:29	9	5:24	429	13:38
Runde	2.00	12:20	6:10	19	5:55	483	6:06	6.00	38:16	6:22	9	7:17	426	19:44
Runde	2.00	12:11	6:05	17	5:39	467	5:55	8.00	50:27	6:18	9	8:55	426	25:39
Leichtathletikhalle	2.00	11:49	5:54	17	3:26	461	5:38	10.00	1:02:16	6:13	19	20:17	485	35:48