



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Fritzlar, Marie-Charlot

Club: Mühlhausen

Number: 1082

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 1:07:45

Speed: 8.86 km/h

Running performance: 6:47 min/km

Rank in course/Total: 607 (of 618)

Rank in course/Women: 114 (of 118)

Best time in course: 36:13

Rank in category: 7(of 7)

Best time in the category: 45:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:29	6:14	7	3:47	106	5:29	2.00	12:29	6:14	6	3:47	86	4:42
Runde	2.00	12:53	6:26	7	3:57	109	5:35	4.00	25:22	6:20	6	7:44	93	7:38
Runde	2.00	13:49	6:54	7	4:31	114	6:28	6.00	39:11	6:31	6	12:15	93	12:44
Runde	2.00	14:42	7:20	7	5:16	116	7:23	8.00	53:53	6:44	6	17:31	93	18:38
Leichtathletikhalle	2.00	13:52	6:56	7	4:43	115	6:37	10.00	1:07:45	6:46	7	22:14	114	31:32