



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Stiebritz, Anja

Club: Erfurt
Number: 1246

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 1:02:37

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 589 (of 618)

Rank in course/Women: 105 (of 118)

Best time in course: 36:13

Rank in category: 31(of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:27	6:13	30	5:03	102	5:27	2.00	12:27	6:13	1	-	89	4:40
Runde	2.00	12:28	6:14	32	4:52	108	5:10	4.00	24:55	6:13	1	-	96	7:11
Runde	2.00	12:24	6:12	29	4:36	103	5:03	6.00	37:19	6:13	1	-	96	10:52
Runde	2.00	12:43	6:21	31	4:46	103	5:24	8.00	50:02	6:15	1	-	96	14:47
Leichtathletikhalle	2.00	12:35	6:17	30	4:47	103	5:20	10.00	1:02:37	6:15	31	24:00	105	26:24