



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schmidt, Dagmar

Club: LTV Erfurt

Number: 1116

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 1:08:13

Speed: 8.80 km/h

Running performance: 6:49 min/km

Rank in course/Total: 608 (of 618)

Rank in course/Women: 115 (of 118)

Best time in course: 36:13

Rank in category: 5 (of 6)

Best time in the category: 50:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	13:53	6:56	6	3:23	116	6:53	2.00	13:53	6:56	5	0:21	91	6:06
Runde	2.00	13:20	6:40	5	3:31	115	6:02	4.00	27:13	6:48	4	6:54	98	9:29
Runde	2.00	13:20	6:40	5	3:17	110	5:59	6.00	40:33	6:45	4	10:11	98	14:06
Runde	2.00	14:01	7:00	5	3:43	114	6:42	8.00	54:34	6:49	4	13:54	98	19:19
Leichtathletikhalle	2.00	13:39	6:49	5	3:20	114	6:24	10.00	1:08:13	6:49	5	17:14	115	32:00