



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schmidt, Dagmar

Club: LTV Erfurt

Number: 1116

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 1:08:13

Speed: 8.80 km/h

Running performance: 6:49 min/km

Rank in course/Total: 608 (of 618)

Rank in course/Women: 115 (of 118)

Best time in course: 36:13

Rank in category: 5 (of 6)

Best time in the category: 50:59

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 13:53 | 6:56 | 6 | 3:23 | 116 | 6:53 | 2.00 | 13:53 | 6:56 | 5 | 0:21 | 91 | 6:06 |
| Runde | 2.00 | 13:20 | 6:40 | 5 | 3:31 | 115 | 6:02 | 4.00 | 27:13 | 6:48 | 4 | 6:54 | 98 | 9:29 |
| Runde | 2.00 | 13:20 | 6:40 | 5 | 3:17 | 110 | 5:59 | 6.00 | 40:33 | 6:45 | 4 | 10:11 | 98 | 14:06 |
| Runde | 2.00 | 14:01 | 7:00 | 5 | 3:43 | 114 | 6:42 | 8.00 | 54:34 | 6:49 | 4 | 13:54 | 98 | 19:19 |
| Leichtathletikhalle | 2.00 | 13:39 | 6:49 | 5 | 3:20 | 114 | 6:24 | 10.00 | 1:08:13 | 6:49 | 5 | 17:14 | 115 | 32:00 |