



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schuthe, Henning

Club: SV Olbersleben

Number: 1482

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 44:16

Speed: 13.55 km/h

Running performance: 4:26 min/km

Rank in course/Total: 133 (of 618)

Rank in course/Men: 125 (of 500)

Best time in course: 31:03

Rank in category: 48(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:36	4:17	45	1:58	120	2:33	2.00	8:36	4:17	128	0:06	45	0:06
Runde	2.00	8:45	4:22	50	1:54	130	2:39	4.00	17:21	4:20	160	3:03	461	5:03
Runde	2.00	8:57	4:28	48	1:49	130	2:43	6.00	26:18	4:23	158	4:38	458	7:46
Runde	2.00	9:04	4:31	51	2:04	131	2:48	8.00	35:22	4:25	138	6:23	393	10:34
Leichtathletikhalle	2.00	8:54	4:27	60	1:59	148	2:43	10.00	44:16	4:25	48	9:44	126	17:48