



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Blank, Peter

Club: WARUDI SV

Number: 1496

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 50:53

Speed: 11.79 km/h

Running performance: 5:05 min/km

Rank in course/Total: 335 (of 618)

Rank in course/Men: 305 (of 500)

Best time in course: 31:03

Rank in category: 49(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:28	5:14	53	3:28	325	4:25	2.00	10:28	5:14	57	2:04	132	1:58
Runde	2.00	9:59	4:59	50	2:41	315	3:53	4.00	20:27	5:06	32		208	8:09
Runde	2.00	10:08	5:03	46	2:47	298	3:54	6.00	30:35	5:05	32		89	12:03
Runde	2.00	10:27	5:13	55	3:06	334	4:11	8.00	41:02	5:07	32		460	16:14
Leichtathletikhalle	2.00	9:51	4:55	43	2:32	281	3:40	10.00	50:53	5:05	49	14:34	306	24:25