



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bartholome, Burghard

Club: Ilmenau
Number: 1100

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 51:31

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 366 (of 618)

Rank in course/Men: 331 (of 500)

Best time in course: 31:03

Rank in category: 55(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	2.00	10:04	5:01	43	3:04	284	4:01	2.00	10:04	5:01	45	1:40	59	1:34			
Runde	2.00	9:52	4:56	44	2:34	290	3:46	4.00	19:56	4:59	28		482	7:38			
Runde	2.00	10:23	5:11	59	3:02	344	4:09	6.00	30:19	5:03	28		479	11:47			
Runde	2.00	10:40	5:19	61	3:19	361	4:24	8.00	40:59	5:07	28		437	16:11			
Leichtathletikhalle	2.00	10:32	5:15	65	3:13	365	4:21	10.00	51:31	5:09	55	15:12	332	25:03			