



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Küster, Petra

Club: LSV Ilmenau

Number: 42

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 19:42

Speed: 12.18 km/h

Running performance: 4:55 min/km

Rank in course/Total: 131 (of 389)

Rank in course/Women: 28 (of 140)

Best time in course: 14:03

Rank in category: 3 (of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	9:47	4:53	3	2:06	27	2:48	2.00	9:47	4:53	21			21	
Leichtathletikhalle	2.00	9:55	4:57	5	1:57	28	2:51	4.00	19:42	4:55	3	4:03	28	5:39	