



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Leary, Katie

Club: Erfurt
Number: 1884

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:
Frauen (20-29 Jahre)

Total time: 45:21

Speed: 13.23 km/h
Running performance: 4:32 min/km

Rank in course/Total: 161 (of 618)

Rank in course/Women: 10 (of 118)

Best time in course: 36:13

Rank in category: 5(of 18)

Best time in the category: 36:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:17	4:38	5	2:17	14	2:17	2.00	9:17	4:38	18	1:44	115	1:30
Runde	2.00	9:00	4:30	5	1:42	12	1:42	4.00	18:17	4:34	4		115	0:33
Runde	2.00	9:04	4:31	5	1:43	9	1:43	6.00	27:21	4:33	4		115	0:54
Runde	2.00	9:04	4:31	5	1:45	9	1:45	8.00	36:25	4:33	3		115	1:10
Leichtathletikhalle	2.00	8:56	4:28	5	1:41	9	1:41	10.00	45:21	4:32	5	9:08	10	9:08