



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schröter, Georg

Club: Schotte e.V.

Number: 823

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 48:18

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 263 (of 686)

Rank in course/Men: 238 (of 543)

Best time in course: 29:39

Rank in category: 9(of 20)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:55	4:57	10	3:30	251	3:53	2.00	9:55	4:57	5		96	3:53
Runde	2.00	9:37	4:48	10	3:05	270	3:40	4.00	19:32	4:53	5		452	7:33
Runde	2.00	9:22	4:41	9	2:42	208	3:27	6.00	28:54	4:48	5		451	11:00
Runde	2.00	9:58	4:59	12	3:30	284	4:03	8.00	38:52	4:51	5		450	15:03
Leichtathletikhalle	2.00	9:26	4:43	9	3:07	238	3:36	10.00	48:18	4:49	9	15:54	238	18:39