



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Dötsch, Gabriele

Club: Erfurt
Number: 1019

Course: 10.00 km
Wertungslauf um den Braugold-Pokal

Category:
Seniorinnen W40 (40-49 Jahre)

Total time: 1:06:21

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 665 (of 686)

Rank in course/Women: 135 (of 143)

Best time in course: 35:30

Rank in category: 45(of 49)

Best time in the category: 44:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	13:12	6:35	47	4:34	137	6:16	2.00	13:12	6:35	18	1:56	121	6:16
Runde	2.00	13:01	6:30	46	4:18	138	5:54	4.00	26:13	6:33	18	4:17	121	12:10
Runde	2.00	13:16	6:38	47	4:34	137	6:06	6.00	39:29	6:34	18	6:39	120	18:16
Runde	2.00	13:26	6:43	47	4:31	137	6:13	8.00	52:55	6:36	18	8:48	120	24:29
Leichtathletikhalle	2.00	13:26	6:43	46	4:36	137	6:22	10.00	1:06:21	6:38	45	22:15	135	30:51