



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Keller, Enrico**

Club: Erfurt

Number: 1439

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 1:14:05

Speed: 8.10 km/h

Running performance: 7:25 min/km

Rank in course/Total: 673 (of 686)

Rank in course/Men: 534 (of 543)

Best time in course: 29:39

Rank in category: 69(of 69)

Best time in the category: 29:39

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:43	4:51	37	3:41	215	3:41	2.00	9:43	4:51	21		441	3:41	
Runde	2.00	10:01	5:00	46	4:04	337	4:04	4.00	19:44	4:56	21		211	7:45	
Runde	2.00	11:05	5:32	55	5:10	454	5:10	6.00	30:49	5:08	21		301	12:55	
Runde	2.00	10:56	5:28	53	5:01	428	5:01	8.00	41:45	5:13	21		532	17:56	
Leichtathletikh	2.00	32:20	16:10	69	26:30	535	26:30	10.00	1:14:05	7:24	69	44:26	534	44:26	