



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bühnemann, Nils

Club: TSSC Erfurt

Number: 361

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:07

Speed: 14.02 km/h

Running performance: 4:17 min/km

Rank in course/Total: 77 (of 477)

Rank in course/Men: 66 (of 315)

Best time in course: 12:17

Rank in category: 10(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:24	4:12	12	1:18	67	2:24	2.00	8:24	4:12	53		99	2:24
Leichtathletikhalle	2.00	8:43	4:21	12	1:19	76	2:29	4.00	17:07	4:16	10	2:13	66	4:50