



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Rauch, Eric

Club: SSV Erfurt Nord e.V.

Number: 29

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 16:45

Speed: 14.33 km/h

Running performance: 4:11 min/km

Rank in course/Total: 69 (of 477)

Rank in course/Men: 60 (of 315)

Best time in course: 12:17

Rank in category: 9(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:14	4:06	9	1:08	56	2:14	2.00	8:14	4:06	55		37	2:14
Leichtathletikhäl	2.00	8:31	4:15	10	1:07	66	2:17	4.00	16:45	4:11	9	1:51	60	4:28