



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Wegener, Christa

Club: Rennsteiglaufverein

Number: 191

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 20:36

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 187 (of 477)

Rank in course/Women: 35 (of 162)

Best time in course: 14:18

Rank in category: 2 (of 14)

Best time in the category: 20:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:18	5:09	1	-	36	3:16	2.00	10:18	5:09	1	-	25	3:10
Leichtathletikhalle	2.00	10:18	5:09	2	0:19	43	3:02	4.00	20:36	5:09	2	0:18	36	6:18