



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hätzel, Uwe

Club: Team 1434 Weißensee

Number: 518

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 20:33

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 184 (of 477)

Rank in course/Men: 150 (of 315)

Best time in course: 12:17

Rank in category: 16(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:43	5:21	18	4:26	167	4:43	2.00	10:43	5:21	1	-	119	4:43
Leichtathletikhalle	2.00	9:50	4:55	14	2:08	134	3:36	4.00	20:33	5:08	16	5:22	150	8:16