



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Fabig, Moritz

Club: Erfurt

Number: 89

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 21:50

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course/Total: 264 (of 477)

Rank in course/Men: 205 (of 315)

Best time in course: 12:17

Rank in category: 45 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:54	5:27	45	3:48	189	4:54	2.00	10:54	5:27	58		120	4:54
Leichtathletikhalle	2.00	10:56	5:28	41	3:32	221	4:42	4.00	21:50	5:27	45	6:56	205	9:33