



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schneider, Maria

Club: Erfurter LAC

Number: 697

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 21:49

Speed: 11.00 km/h

Running performance: 5:27 min/km

Rank in course/Total: 262 (of 477)

Rank in course/Women: 59 (of 162)

Best time in course: 14:18

Rank in category: 14 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	10:56	5:28	14	2:45	56	3:54	2.00	10:56	5:28	21			32	3:48
Leichtathletikhalle	2.00	10:53	5:26	13	2:36	64	3:37	4.00	21:49	5:27	14	5:08		60	7:31