



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Hiese, Jonas**

Club: Salza-Läufer

Number: 14

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 20:09

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 173 (of 477)

Rank in course/Men: 141 (of 315)

Best time in course: 12:17

Rank in category: 14(of 17)

Best time in the category: 12:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:44	5:21	14	4:38	169	4:44	2.00	10:44	5:21	6	3:24	118	4:44
Leichtathletikhalle	2.00	9:25	4:42	12	3:11	107	3:11	4.00	20:09	5:02	14	7:49	141	7:52