



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Güsewell, Johann Wolfgang

Club: Victoria Weimar

Number: 237

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:21

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 145 (of 477)

Rank in course/Men: 117 (of 315)

Best time in course: 12:17

Rank in category: 27(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:16	4:38	22	2:10	102	3:16	2.00	9:16	4:38	62		138	3:16
Leichtathletikhalle	2.00	10:05	5:02	34	2:41	147	3:51	4.00	19:21	4:50	27	4:27	117	7:04