



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Protze, Jamie

Club: WSV Schmiedefeld

Number: 641

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 22:45

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 91 (of 477)

Rank in course/Men: 236 (of 315)

Best time in course: 12:17

Rank in category: 46(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:17	5:38	50	4:11	218	5:17	2.00	11:17	5:38	63		154	5:17
Leichtathletikh	2.00	11:28	5:44	49	4:04	250	5:14	4.00	22:45	5:41	46	7:51	236	10:28