



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Tschirschky, Erik

Club: FC Rot-Weiss Erfurt

Number: 49

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 16:20

Speed: 14.69 km/h

Running performance: 4:05 min/km

Rank in course/Total: 46 (of 477)

Rank in course/Men: 41 (of 315)

Best time in course: 12:17

Rank in category: 5(of 18)

Best time in the category: 13:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:56	3:58	5	1:09	37	1:56	2.00	7:56	3:58	16		20	1:56
Leichtathletikhalle	2.00	8:24	4:12	7	1:26	57	2:10	4.00	16:20	4:04	5	2:22	41	4:03