



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Walleit, Andreas

Club: LG Bad F./Göllingen

Number: 112

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 20:51

Speed: 11.51 km/h

Running performance: 5:13 min/km

Rank in course/Total: 200 (of 477)

Rank in course/Men: 160 (of 315)

Best time in course: 12:17

Rank in category: 27(of 67)

Best time in the category: 13:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 9:45 | 4:52 | 20 | 2:58 | 126 | 3:45 | 2.00 | 9:45 | 4:52 | 66 | | 82 | 3:45 |
| Leichtathletikhäl | 2.00 | 11:06 | 5:32 | 51 | 4:01 | 231 | 4:52 | 4.00 | 20:51 | 5:12 | 27 | 6:59 | 160 | 8:34 |