



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hoffmann, Christopher

Club: Erfurt
Number: 198

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:
Männer (20-29 Jahre)

Total time: 15:20

Speed: 15.65 km/h
Running performance: 3:50 min/km

Rank in course/Total: 31 (of 477)

Rank in course/Men: 28 (of 315)

Best time in course: 12:17

Rank in category: 6 (of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:41	3:50	6	1:35	31	1:41	2.00	7:41	3:50	25		21	1:41
Leichtathletikhalle	2.00	7:39	3:49	7	1:25	25	1:25	4.00	15:20	3:50	6	3:00	28	3:03