



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schildhauer, Toni

Club: Schotte e.V.

Number: 73

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterthuringen

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 23:20

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 353 (of 477)

Rank in course/Men: 257 (of 315)

Best time in course: 12:17

Rank in category: 9 (of 9)

Best time in the category: 13:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|---------------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Runde | 2.00 | 12:35 | 6:17 | 9 | 6:11 | 289 | 6:35 | 2.00 | 12:35 | 6:17 | 8 | 6:11 | 204 | 6:35 |
| Leichtathletikhalle | 2.00 | 10:45 | 5:22 | 9 | 4:06 | 204 | 4:31 | 4.00 | 23:20 | 5:49 | 9 | 10:17 | 257 | 11:03 |