



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kroschel, Tobias

Club: Erfurt

Number: 96

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 22:45

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 315 (of 477)

Rank in course/Men: 236 (of 315)

Best time in course: 12:17

Rank in category: 16(of 17)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:15	5:37	16	5:09	217	5:15	2.00	11:15	5:37	3	3:55	235	5:15
Leichtathletikhalle	2.00	11:30	5:45	16	5:16	253	5:16	4.00	22:45	5:41	16	10:25	236	10:28