



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Vedder, Lilli

Club: Orlishausen

Number: 136

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 23:24

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 355 (of 477)

Rank in course/Women: 98 (of 162)

Best time in course: 14:18

Rank in category: 19 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:11	6:05	20	4:00	107	5:09	2.00	12:11	6:05	1	-	117	5:03
Leichtathletikhalle	2.00	11:13	5:36	16	2:56	81	3:57	4.00	23:24	5:50	19	6:43	99	9:06