



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Wolter, Anne

Club: ESC Erfurt

Number: 141

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 16:43

Speed: 14.36 km/h

Running performance: 4:11 min/km

Rank in course/Total: 68 (of 477)

Rank in course/Women: 9 (of 162)

Best time in course: 14:18

Rank in category: 2 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	8:11	4:05	1	-	7	1:09	2.00	8:11	4:05	14		3	1:03
Leichtathletikhalle	2.00	8:32	4:15	2	0:15	11	1:16	4.00	16:43	4:10	2	0:02	10	2:25