



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hoßbach, Julian

Club: Rittmannshausen

Number: 30

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 19:56

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 164 (of 477)

Rank in course/Men: 132 (of 315)

Best time in course: 12:17

Rank in category: 13(of 18)

Best time in the category: 13:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 9:41 | 4:50 | 14 | 2:54 | 124 | 3:41 | 2.00 | 9:41 | 4:50 | 4 | 1:20 | 81 | 3:41 |
| Leichtathletikhah | 2.00 | 10:15 | 5:07 | 15 | 3:17 | 163 | 4:01 | 4.00 | 19:56 | 4:59 | 13 | 5:58 | 132 | 7:39 |