



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Klingohr, Pia-Victoria

Club: SWE Volleyteam

Number: 298

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 29:53

Speed: 8.03 km/h

Running performance: 7:28 min/km

Rank in course/Total: 472 (of 477)

Rank in course/Women: 158 (of 162)

Best time in course: 14:18

Rank in category: 26(of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	13:44	6:51	25	5:33	151	6:42	2.00	13:44	6:51	10	1:33	126	6:36
Leichtathletikhalle	2.00	16:09	8:04	26	7:52	161	8:53	4.00	29:53	7:28	26	13:12	159	15:35