



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Stadler, Kevin

Club: Erfurter LAC

Number: 168

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Männer (20-29 Jahre)

Total time: 12:27

Speed: 19.28 km/h

Running performance: 3:07 min/km

Rank in course/Total: 4 (of 477)

Rank in course/Men: 4 (of 315)

Best time in course: 12:17

Rank in category: 2(of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:09	3:04	2	0:03	4	0:09	2.00	6:09	3:04	28		4	0:09
Leichtathletikhalle	2.00	6:18	3:08	2	0:04	4	0:04	4.00	12:27	3:06	2	0:07	4	0:10