



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Mäder, Thalea

Club: RSC Turbine Erfurt

Number: 501

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 19:27

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 149 (of 477)

Rank in course/Women: 29 (of 162)

Best time in course: 14:18

Rank in category: 9 (of 26)

Best time in the category: 16:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:19	4:39	7	1:08	22	2:17	2.00	9:19	4:39	6		138	2:11
Leichtathletikhalle	2.00	10:08	5:03	9	1:51	38	2:52	4.00	19:27	4:51	9	2:46	30	5:09