



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Vanderheyden, Johanna

Club: SV Sömmerda

Number: 147

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 18:18

Speed: 13.11 km/h

Running performance: 4:35 min/km

Rank in course/Total: 112 (of 477)

Rank in course/Women: 16 (of 162)

Best time in course: 14:18

Rank in category: 2 (of 10)

Best time in the category: 15:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:03	4:31	2	1:42	17	2:01	2.00	9:03	4:31	1	-	5	1:55
Leichtathletikhalle	2.00	9:15	4:37	2	1:19	18	1:59	4.00	18:18	4:34	2	3:01	17	4:00